

Homework activity: Safety with People

As part of **Keeping Ourselves Safe** we talked in the classroom about how to identify potentially unsafe situations involving people. This could be people that children are with all the time, those they meet in the real world, or people that they meet online in the digital world. Your child learnt how to use **STAR (Stop, Think, Act and Report** if appropriate) when they feel unsafe.

Talk to your child about situations that make them feel unsafe.

Respect your child's right to say no to touch or behaviour that they don't like.

Help them keep safe online.

Consider insisting that children's cell phones are stored/charged in your bedroom overnight. This means children cannot be contacted, coerced into meeting someone outside, or txt bullied at night.

Please help your child with the following activities.

1. Ask them to explain **STAR** to you and to tell you when they might use it.
2. Ask them to demonstrate how they would use **STAR** in each of the following situations:
 - Someone pushes you out of line at school.
 - Someone you have just met online asks for your address and a photo.
 - A family friend kisses you on the mouth.